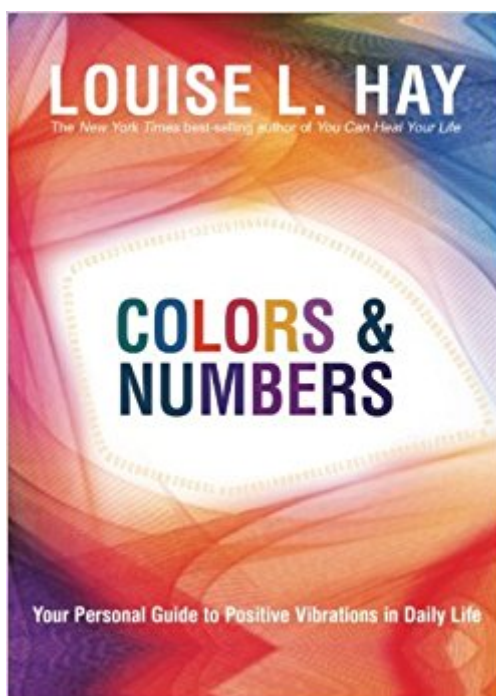


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# Colors & Numbers: Your Personal Guide To Positive Vibrations In Daily Life



## Synopsis

"Colors and numbers have a lot of significance for us. We each have our own personal number vibrations and personal color vibrations. Some of these numbers, such as our date of birth, are permanent. We also have temporary personal colors that change with the calendar. By consciously surrounding ourselves with our personal colors, we become more in tune with the cosmic forces. "Colors and numbers are useful to our lives and attitudes. They may form a basis for our affirmations and declarations about ourselves, which is exactly the purpose of this book. "May every Colors & Numbers day be a joyous one for you!"

Louise L. Hay

## Book Information

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## Customer Reviews

Colors & Numbers includes step-by-step instructions on how to formulate your individual colors and numbers, plus blank space for you to list your very own combinations. When you choose the color that is associated with your particular energies, you feel more in tune with life, unified, and on track.

"Colors and numbers have a lot of significance for us. We each have our own personal number vibrations and personal color vibrations. Some of these numbers, such as our date of birth, are permanent. We also have temporary personal colors that change with the calendar. By consciously surrounding ourselves with our personal colors, we become more in tune with the cosmic forces.

"Colors and numbers are useful to our lives and attitudes. They may form a basis for our affirmations and declarations about ourselves, which is exactly the purpose of this book. "May every colors & numbers day be a joyous one for you!" - Louise L. Hay, author of You Can Heal Your Life

Louise L. Hay is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 25 years, she has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. She has appeared on The Oprah Winfrey Show and many other TV and radio programs both in the U.S. and abroad.

This simple guide offers a new twist to Numerology via which color is added. While not that new a concept (the Rosicrucians have used it for eons), Ms. Hay offers some novel applications to the idea. As a Reader I have used color in my Readings for decades, much of which I learned from my friend Richard Webster in New Zealand. I find that working with color adds valuable layers to any Reading and a means by which to enrich a client's life; empowering them when it comes to simple rituals that allow them to claim their personal power in everyday life by doing everyday things. Louise's book adding to that advantage and so, just as I've done with her "You Can Heal Your Life" material, this is another that I must encourage folks to use as a guide, be it the client or the Reader.

I used this book for more than 20 years love the wisdom and variety of ideas. It is a fun spiritual practice that keeps me connected to God

I bought this book for the reputation of Louise Hay, but in my perspective it's not a great book like others she has written. The provided information is very common and not relevant, definitely numerology is not her greatest strength. You can find better content in some numerology dedicated websites.

I like Louise Hays, unfortunately I think she produced this pamphlet in an hour. Perhaps in-between speaking engagements. There's not groundbreaking info here. It is oversimplified and lacking in depth of knowledge. She could have done this topic more justice than this. How disappointing!

COLORS & NUMBERS gets right to the facts. No extra fluff. Just 80 pages makes an easy read. After reading the book one evening I calculated my numbers and colors for the month. Started to let them guide me and was pleasantly surprised with my energy levels. Maybe my imagination but it seems like less conflict in my life right now. As they say "What you look for in life, is what you find."

I can't believe this came from Louise Hay. Colors? Well more like kindergarten numerology that you can find better versions of anywhere online for free. She mentions colors that relate to the numerology, in a word or two - literally. That's it for the colors. Name a color as it relates to a sort of numerology. NAME a color that relates to numerology, not describe color meaning, mind you. Just say its name. The middle section of this tiny book are blank monthly calendars for you to fill in. Can we just call them what they are, "fillers"? These are not needed but the book had to be more than 50 pages in length. Now it's 60 plus advertising. I have no problem with small books at all. I have written them. Who cares about size as long as the material is useful? That's the trouble here. I really like Louise Hay and her work usually. If you can't get on the internet and look up basic numerology, and I do mean basic with a capital B, then you might like this if everything along these lines is utterly new to you. If you know nothing at all, you might like this. Otherwise, I always say I can find one good idea in a book and that makes books worthwhile. I am still looking to find anything at all in this one. Save your money and get other works by Louise instead. I can't feel any life in this one in the least, I am very sad to say. I hope Louise can explain sometime what she saw in this that I and others are missing. I almost never write a bad review because I figure it is a personal thing. In this case, I simply had to do so...to warn others who are informed in such matters in any manner at all, even in the most basic of ways, that this is nothing new or likely useful. You get a few affirmations...Maybe that will be worth it to you? Buy something else to support Louise instead, is what I suggest.

I have really enjoyed this book. It's not so much a book as fun little guide as the title implies. It's a quick easy read. Even my eight year old daughter loves to ask what her color is each morning and pick an outfit to match. I like how it sets a beginning, middle and end cycle to the days in 10 day increments. I haven't done or not done something in my life because it's a certain number day, but I have used it to be mindful of where I am at on each day and the daily affirmations are beautiful and inspiring. Thank you Louise L. Hay.

This is an excellent book which covers the basics well. It's a great reference guide for fun and for spiritual work too. So complimentary to Louise Hay's other wonderful offerings.

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